

# Recommended Reading

## Adoption, Foster Care, Trauma, & Racial Identity

***My Story Book: My Life Story, by Me and for Me***

Kara Donaldson and Heather Enright

***The Body Keeps the Score***

Dr. Bessel van der Kolk

***20 Life-Transforming Choices Adoptees Need to Make***

Sherrie Eldridge

***20 Things Adoptive Parents Need to Succeed***

Sherrie Eldridge

***The Primal Wound***

Nancy Newton Verrier

***The Connected Child***

Karen B. Purvis, Ph.D, et. al

***The Connected Parent***

Karen B. Purvis, Ph.D, et al.

***Twenty Things Adopted Kids Wish Their Adoptive Parents Knew***

Sherrie Eldridge

***Reframing Foster Care***

Jason Johnson

***The Boy Who was Raised as a Dog***

Bruce Perry, M.D., Ph.D with Maia Szalavitz

***The Whole Brain Child***

Daniel J. Siegal, M.D. and Tina Payne Bryson, Ph.D

***Be the Bridge***

Latasha Morrison

***How to be an Antiracist***

Ibram X. Kendi

***I'm Still Here: Black Dignity in a World Made for Whiteness***

Austin Channing Brown

***Growing Up Black in White***

Kevin D. Hoffman

